

Chronische Nierenerkrankung: Progressionsrisiko und Häufigkeit von Verlaufskontrollen in Abhängigkeit von GFR und Albuminurie

Guide to Frequency of Monitoring (number of times per year) by GFR und Albuminuria Category				Persistent albuminuria categories – description and range		
				A1	A2	A3
				normal to mildly increased	moderately increased	severely increased
				< 30 mg/g < 3 mg/mmol	30–300 mg/g 3–30 mg/mmol	> 300 mg/g > 30 mg/mmol
GFR categories (ml/min/1,73 m ²) – description and range	G1	normal or high	≥ 90	1 if CKD	1	2
	G2	mildly decreased	60–89	1 if CKD	1	2
	G3a	mildly to moderately decreased	45–59	1	2	3
	G3b	moderately to severely decreased	30–44	2	3	3
	G4	severely decreased	15–29	3	3	4+
	G5	kidney failure	< 15	4+	4+	4+

GFR and albuminuria grid to reflect the risk of progression by intensity of coloring (green, yellow, orange, red, deep red). The numbers in the boxes are a guide to the frequency of monitoring (number of times per year).

Quelle: Kidney Disease Improving Global Outcomes (KDIGO). Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease. Stand 2024